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**CHECK OUT
OUR
AWARENESS
ACTIVITIES AND
CONSIDER
VOLUNTEERING**

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PCCN Brampton News

Our Mississauga Father's Day Walk/Run was cancelled for this year due to a variety of complications beyond our control. Our thanks and apologies to the volunteers, who worked on the event prior to its cancellation this year.

The 15th Annual PCCN Brampton Charity Golf Tournament was held at the Glen Eagle Golf Course on highway 50 near Bolton. While the change in venue and the move to a weekend was initially a concern, we were pleasantly surprised by the turnout as 110 golfers came out to make it one of our best attended tournaments ever. Our many thanks to all of the volunteers, golfers and supporters who helped make the day a solid success. A more detailed write-up can be found below.

September 8th is the start of a new season at PCCN Brampton and it will start with a visit by Dr. Richard Casey. Dr. Casey is always a popular speaker at our group and will cover the topic of Castration-Resistant Prostate Cancer. This relates to the period where hormone therapy becomes ineffective in controlling the disease and other treatments come into play.

The following Sunday, Sept 13th we will be at the Powerade Centre for the 9th annual **Cruisin' for a Cure Canada** event.

Jim & Sandi Dorsey and their crew do an enormous amount of work every year to pull off this event and it is always a lot of fun for those who attend. So come out, take in all the classic automobiles and get your PSA tested at the same time. If you can help out in any way, please contact Jim Dorsey and he can certainly find something for you to do. We can also use any new or lightly used items for our raffle so it may be a good time to clean out your closet for a good cause. See you there.

Gary Foote / Jim Dorsey - Newsletter Editors

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Cruisin' for a Cure Needs YOUR Help This Year

Our **9th Annual Cruisin' for a Cure Canada** will be held on **Sunday, September 13** from **10 a.m. till 4 p.m.** at the **Powerade Centre**. Remember that **Dr. Andrew Loblaw** of Sunnybrook signed on as our show doctor last year. THIS year, he is adding "office hours" because he wants to talk to the men being tested and their families. This is a real coup for our little show, still the only one of its kind in Canada.

Over our first eight years, **we have provided 2,160 free PSA blood tests, 290 of which have returned high scores**. Because the tests are confidential, we cannot say how many of the men tested turned out to have prostate cancer. **HOWEVER**, every year we hear from men who have been treated and this year, Paul Henshall and I have spoken with five different men whose cancers were detected and treated over the winter because of blood tests received on September 14, 2014.

This year's show is dedicated to the late **Percy Bedard**, whose 2012 campaign led to OHIP covering the cost of Zytiga and similar drugs for Ontario men. Percy's family and his caregiver and prostate cancer advocate, **Heather Redick**, will join us this year.



HELP, please! One of our most valued community partners, Brampton's **Over 'N' Under Car Club**, will again operate the "**U Choose Raffle**." Last



year, they raised over \$4,000, collecting suitable prizes from community donors, organizing & transporting the prizes, selling tickets and drawing the winning tickets. They are willing to do the organizing, selling and drawing again, but **we, the members of Prostate Cancer Canada Network Brampton, must find at least 65 suitable prizes in order for this raffle to be a success again this year.**

So please, search for unused items that you would like to donate to the cause, then **contact me and we will arrange for pickup**. Prizes need not be automobile-oriented. Past prizes have included bathroom accessories & towels and tea kettles right alongside car cleaning kits and hand tools.

Remember that the net amount raised from Cruisin' for a Cure goes to Prostate Cancer Canada for its critical awareness, education and support activities.

For more information: Jim Dorsey at **905-453-3038** or email jfdorsey@yahoo.com.



PCCN Brampton Bram-O-Gram

Next General Meeting, Tuesday, September 8th, 2015 – 7:00pm

One of our perennial favourite speakers, **Dr. Richard Casey**, will be addressing our meeting on a subject near and dear to the heart of every person affected by prostate cancer:

“Castration-Resistant Prostate Cancer.”

Every year, every man with prostate cancer has his annual PSA test, then waits to meet with his urologist or oncologist to get the results. Every one of us lives in dread of hearing that our enemy has come roaring back with a vengeance.

As anybody who has attended previous meetings featuring Dr. Casey might expect, his presentation will NOT be a digest of scholarly articles and slide after slide of statistics.

Instead he will focus on ways that we men can be proactive and try to improve the odds of continuing to receive that hoped-for “all clear” signal from our specialists every year.

Attempting to summarize Dr. Casey’s accomplishments is frustrating, as his Curriculum Vitae listing his qualifications and involvements is seventeen pages long.

Among other things, Dr. Casey:

- holds a **B.Sc.** in Computing Science and an **M.D.**, both from the **University of Western Ontario** in London.
- received his post-graduate training at the **University of Texas** in Dallas (endocrinology) and at the **University of Toronto** (urology).
- serves as Editor for both the **Journal of the Canadian Urology Association** and the **Canadian Journal of Urology**.
- is CEO of **CMX Research Inc.**, a Director of the **Male Health Sciences Centres**, the Chief Doctor and a Surgeon in the **Department of Urology at Halton Healthcare**, all in Oakville, and provides on-call coverage to many other regional hospitals.
- has a wicked sense of humour.

You can forward your questions or suggestions for Dr. Casey to: info@pccnbrampton.ca or telephone 905-458-1812.

We look forward to seeing you in Room #2, upstairs at The Terry Miller Recreation Center, 1295 Williams Parkway, at the southwest corner of Williams Parkway & Bramalea Road. Parking as always is free.



Last General Meeting, Tuesday, June 9th, 2015

June 9th was our annual the **End of the Year Potluck and Social Evening**.

Jim Dorsey put together a video review of the many events that the group participated in during the year. For a small group we accomplish a great deal, every year.

Upcoming PCCN Brampton Meetings / Events:

Tuesday, September 8th, 2015

Dr. Richard Casey, Urologist – Castration Resistant Prostate Cancer.

Sunday, September 13th, 2015

9th Annual Cruisin' for a Cure Canada, Powerade Centre, Brampton.

Saturday, September 26th, 2015

5th Annual Cruisin' for a Cure Buffalo, Roswell Park Cancer Institute

Tuesday, October 13th, 2015

Monthly meeting, speaker & topic T.B.D. (Historian suggested).

Tuesday, November 10th, 2015

Monthly meeting, speaker & topic T.B.D. (Fitness topic suggested).

Tuesday, December 8th, 2015

Annual Christmas Potluck and Social Evening.

NOTE: We are searching for ways to get more members involved in meetings as we have come to believe that “preaching to the converted” is pointless.

PLEASE share your interests and suggestions with us!

Speaker suggestions from members are always welcomed; please watch our website for complete meeting agendas and updated speaker profiles!

Jim Dorsey, Acting Speaker Coordinator:

(905) 453-3038 or Email: jfdorsey@yahoo.com

Please Note: From time to time we may have to reschedule a speaker due to unforeseen circumstances. We will always provide as much advance notice as possible when a speaker has to reschedule.

[The Prostate Cancer Canada Website](#)

The PCC website at <http://prostatecancer.ca/> continues to improve and is continuously updated as well with news items, results of research, new and improved methods of diagnosis, treatment and support and many other aspects of prostate cancer. This site is definitely worth browsing regularly. The excellent Expert Angle Webinars can be accessed at:

<http://prostatecancer.ca/Support/Expert-Angle#.VSMI7-FwG6E> .

[Annual PCCN Brampton Charity Golf Tournament](#)

Our 15th Annual Golf Tournament was held on Saturday, June 27th at the beautiful Glen Eagle Golf Course north on highway 50, near Bolton. Despite early reservations, we were pleasantly surprised by the great turnout of 110 golfers, who appreciated the change of scenery and the change to a week-end. This change permitted significantly more golfers to attend this year as compared to previous years where attendance had fallen recently.



Glen Eagle Golf Course Web-Site: <http://www.gleneagle.ca/>



Annual PCCN Brampton Charity Golf Tournament

Our Golf Committee, **Morris Rambout, Ron Clayton, Jack Dainton, John Hughes** and **Margaret Butterly**, did an admirable job beating the corporate bushes for small prizes for our participants and the raffle, something that has gotten more difficult with each passing year.

Steve Hutton and **Michele Goulding** brought us golfers, sponsors and prizes despite their busy schedules. We increased our hole sponsors to 10 this year. Going for 18 next year.

At the site, **Margaret Butterly, Sandra Rambout, Judy Clayton, Steve Hutton** and **Michele Goulding** helped out with Registration, our Tooney Hole, the Raffle and Prize Distribution.

Meaghan Sloski acted as our official photographer with a special assistant **Al Terry**, her father and Prostate Cancer Warrior, helping in various capacities.

Greg Prince Cox, John Donkers and **Victor Horvath** were amazingly responsible for organizing the participation of no less than 56 of our golfers.

We did miss one of our perennial volunteers, **Tilly Netherton**, who injured her wrist playing tennis just before the event. She is always a great help throughout the event.

We did get lucky during the event itself as the predicted rain held off until everyone was off the course and into the building. While packing up at the end of the event we were not so lucky and got completely soaked trying to get a car up to the doors to load up our stuff.

The winners of the event this year and twice previously with a score of 62 were **Paul Bowlby, John Narvale, Steve Hutton** and **Ed Moore**.

Longest Drive for the men was **Larry Mullen**.

Longest drive for the women was **Sandy Spizarsky** after Greg failed his DNA test. I think one of his partners put his name on that list, but these days, who's to say.

Closest to the Pin for the women was **Angela Rogers**.

Closest to the Pin for the men was **Larry Galo**.

Thanks everyone for coming out and we hope to see you again next year.

Canadian Cancer Society Releases 2015 Statistics

In a news release dated May 27, CCS predicted that “The number of new cancer cases in Canada is expected to rise about 40% in the next 15 years....” and stated that “The Canadian Cancer Society is calling for a coordinated and comprehensive plan to address this serious challenge.”

Under **General highlights**, the release includes the statement that “4 major cancers (**lung, breast, colorectal and prostate**) will account for the majority (51%) of newly diagnosed cancers.”

In an earlier section entitled **Preventing cancers, taking action**, the CCS recommends that members of the public “Get screened. If you’re in a certain age or population group, there are screening tests to help find **breast, cervical and colorectal cancer** before you’ve even noticed symptoms. Learn more at cancer.ca/screening.”

The question immediately arises: “**Why is screening for prostate cancer not included in this very valid recommendation?**”

Some of our members will recall that for many years, Us TOO Brampton fielded a team at the Canadian Cancer Society’s annual Relay for Life and raised funds for the CCS. This ended when an incoming CCS President informed a meeting attended by our late, lamented Chairman **Fred Norris** that henceforth prostate cancer would not be a priority for the Society.

As an indication that the CCS’s position is widely accepted, this literature stand, apparently provided by the Province of Ontario, is now seen in many physicians’ offices:



We are extremely glad to see these brochures in our doctors’ offices and we hope that they do indeed lead to early detection and successful treatment for more potential victims of breast, cervical and colorectal cancer. But we must protest the glaring absence of prostate cancer from this display.

Hopefully Prostate Cancer Canada can change this bizarre mindset through its continuing advocacy efforts on our behalves.

For more information: **Jim Dorsey** at 905-453-3038 or email jfdorsey@yahoo.com.



[Recently Diagnosed? – Contact PCCN-Brampton](#)

If you would like to speak with someone who has been there, please contact us and we will arrange to meet with you at a convenient time and place. Alternatively, come early to one of our Monthly General Meetings and on arrival, inform the front desk that you're a new member. One of our peer counsellors will welcome you and listen to your concerns. Our Monthly General Meetings are held at 7:00 PM on the **SECOND TUESDAY** of each month except July & August at the Terry Miller Recreation Centre.

Steering Committee Meetings are held two weeks plus a day later on the **FOURTH WEDNESDAY** of each month, September through June, at 7:00 PM. Steering Committee Meetings are held in the Community Room at the Fortino's at Hurontario and Bovaird.

Family members, friends & supporters are always welcome at any of our Meetings!

[Jim Dorsey:](#) (905) 453-3038

[Gary Foote:](#) (905) 458-1812

Note that we accept phone calls throughout the year.

If no one is available to take your call, PLEASE leave a voice mail and we will return your call as soon as possible.

[Regular “Snail Mail” Costs Money – Please Consider Email](#)

Regular printing and mailing now costs us well over a dollar per person per month.

Anyone who would prefer to receive this newsletter via e-mail should contact:

Gary Foote, 905-458-1812, E-Mail: visact@rogers.com

If you already receive your newsletter via regular mail or e-mail, please be sure to notify us of any address changes so we can continue to get it out to you.

Our newsletters are also available online at <http://pccnbrampton.ca/bram-o-gram>