



**June 2013**  
**Volume 13 Issue 6**

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**CHECK OUT  
OUR  
AWARENESS  
ACTIVITIES AND  
CONSIDER  
VOLUNTEERING  
IF YOU CAN**

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PCCN Brampton

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## PCCN Brampton News

We regret to report that Al Hutton has passed away in May after a long and courageous battle with Prostate Cancer. Al was diagnosed in 1999 with advanced metastatic cancer and given only months to live. He was a shining example of how someone can fight the disease both physically and through his efforts to promote Prostate Cancer Awareness.

Our thanks to Rocco Rossi, who came out to visit us from Prostate Cancer Canada at our May General Meeting.

Monday, June 10th is our 13<sup>th</sup> annual Charity Golf Tournament. No, it's not unlucky, well it may be for me, but any game of golf can turn out that way. We could still use a few more foursomes if you know anyone who can golf. Golfing well is not a prerequisite, as I can attest to. Registration at the site is 8:00 am, tee-off at 9:00 am

Gary Foote (905) 458-6650 [visact@rogers.com](mailto:visact@rogers.com)

Our next big event is the Fathers Day Walk/run at Chinguacousy Park on Sunday, Jun 16<sup>th</sup>. The team could definitely use your help this year. There will be preparations on Saturday for the event with registration at 8:00 am on Sunday and the start of the event at 10:00 am.

Speak to Jim Dorsey as to how you can help and we will hope to see you there. You can also join or help support the PCCN Brampton Team on-line at:

<http://my.e2rm.com/TeamPage.aspx?teamID=368525&langPref=en-CA&Referrer=direct%2fnone>

**Gary Foote / Jim Dorsey – Newsletter Editors**

**E-Mail:** [visact@rogers.com](mailto:visact@rogers.com) / [jfdorsey@yahoo.com](mailto:jfdorsey@yahoo.com)



**Next General Meeting, Tuesday, June 11<sup>th</sup>, 2013 – 7:00pm**

**Season Ending Pot Luck Supper and Social Event**

An evening of Caring, Information, Food, Fun, Laughter, Sharing and more!

Don't forget to bring along your favourite recipe for the Pot Luck !

Jim Dorsey will bring along a short video presentation of our events of the last year.

We look forward to seeing you in Room #2, upstairs at,

The Terry Miller Recreation Center, 1295 Williams Parkway,

at the southwest corner of Williams Parkway & Bramalea Road.

Parking as always is free.

Please forward your questions or suggestions to: [info@pccnbrampton.com](mailto:info@pccnbrampton.com)



### *Last General Meeting, Tuesday, May 14<sup>th</sup>, 2013*

#### **Rocco Rossi, New President & CEO of Prostate Cancer Canada**

Rocco Rossi, the new CEO of Prostate Cancer Canada came out to see us at our May General Meeting. As well as a good number of our own members we were pleased to have members from other TGA groups come out to see the presentation.

Rocco has a very personal connection to Prostate Cancer with both his father and uncle having had the disease. Shortly after joining Prostate Cancer Canada he saw an article in the Sun detailing the frequency of different cancers in the population. He immediately noticed that Prostate Cancer was nowhere to be seen on the map of the human body that displayed the numerical data. As Prostate Cancer is the most common cancer in men he contacted the Sun to highlight the omission. The Sun published an apology and an article on Prostate Cancer shortly thereafter.

He indicated that this is the main challenge facing him at Prostate Cancer Canada. Prostate Cancer is a silent killer and men remain almost silent about the disease.

He also related a story of a man whose son had passed away from PCa at the age of 48. He had been treated for the disease years earlier but had never told his son about it. He had not known that PCa can often be hereditary and if he had perhaps his son may have been diagnosed before the disease had progressed so far.

Raising awareness is therefore one of his biggest challenges and harnessing the manpower of the various PCCN groups across the country is vital to this end. Since most of the money PCC receives is from groups like Movember and has to be directed toward PCa Research there are limited resources that can be applied to Prostate Cancer Awareness. Events across the country like the upcoming Safeway Father's Day Walk/Run and Cruisin' For A Cure are essential to both raise awareness and raise funds to help promote awareness throughout the year.

He also addressed the problems between doctors and cancer support groups. There seems to be a perception that support groups will try to influence treatment choices for patients and that is just not true. We try to ease patient fears by talking to survivors that have been through similar treatments. Some form of partnership needs to be formed between PCC, PCCN & doctors to gain the maximum benefit for all concerned parties and that is something he will work towards in the coming year.



## PCCN Brampton Bram-O-Gram

### Upcoming PCCN Brampton Meetings / Events:

Due to Al Hutton's continued medical issues, we are actively searching for someone to act as our Speaker Coordinator. If you are interested in finding suitable speakers and arranging for them to speak with PCCN – Brampton meetings, please contact anybody on the Steering Committee at the next meeting or contact Jim Dorsey.

**Monday, June 10<sup>th</sup>, 2013**  
**Annual Golf Tournament, Acton Golf Club**

**Tuesday, June 11<sup>th</sup>, 2013**  
**Annual June Potluck and Social Evening**

**Sunday, June 16<sup>th</sup>, 2013**  
**Father's Day Walk / Run, Chinguacousy Park**

**Sunday, September 8<sup>th</sup>, 2013**  
**Cruisin' for a Cure Canada, Powerade Centre**

**Monday, September 16<sup>th</sup> to Sunday, September 22<sup>nd</sup>, 2013**  
**Prostate Cancer Awareness Week in Toronto**

Watch for exciting events to be announced on PCC's website  
<http://www.prostatecancer.ca/Get-Involved/Events/Prostate-Cancer-Awareness-Week>

**Speaker suggestions from members are always welcomed; please watch our website for complete meeting agendas and updated speaker profiles!**

**Jim Dorsey, Acting Speaker Committee:**  
**(905) 453-3038 or Email: [jfdorsey@yahoo.com](mailto:jfdorsey@yahoo.com)**

*Please Note: We try as best we can to plan great speakers and topics; however, from time to time we may have to reschedule a speaker due to unforeseen circumstances.  
We will always provide as much advance notice as possible when a speaker has to reschedule.*



## PCCN Brampton Bram-O-Gram

### Golf Tournament, Monday, June 10<sup>th</sup>

Our Annual Golf Tournament is coming fast and will arrive on Monday, June 10<sup>th</sup> at the Acton Golf Club. We still need to round up some golfers to get to our goal of 80 or more so if you know anyone suffering from this affliction please point them in our general direction. We may not have a cure for their need to play golf but we will try and mix in a little fun to make the experience somewhat less painful.

We also need to collect some small prizes that we try to give to each golfer to further alleviate the aggravation of trying to hit a very small and uncooperative ball.

If you can help in either way please feel free to contact a member of the golf committee and feel free to let them know the error of their ways at the same time.

The cost to participate in this often violent sport is a mere \$90. and that includes a lovely drive to Acton, Golf Fees, Cart, Barbeque Lunch and Prizes for all.

Please forward us your name and that of your teammates as soon as possible so we can make up the pairings and complete our planning and preparation. Also include phone numbers where possible so we can contact you for next year's event when it rolls around should we be foolish enough to do it all again next year.

Registration is at 8:00 am at the site and coffee and a light breakfast should be available. We plan for a 9:00 am shotgun start so bring your A, B, C or D game and we'll see you there. If you don't have a foursome that's ok, we'll try and find someone to share your self inflicted misery with.

You can e-mail your name and that of your partners to:

Gary Foote - [visact@rogers.com](mailto:visact@rogers.com) or Fax: 905-458-1812

Or you can notify the Golf Committee Member of your choice:

**Ron Clayton 905-584-2095**

**Morris Rambout 905-793-8843**

**Jack Dainton 905-793-0205**

**Gary Foote 905-458-6650**

**Sean Butterly 905-454-4237**

**John Hughes 905-793-4627**

## **Peel Region Father's Day / Walk Run, Sunday, June 16<sup>th</sup>**

Register starting at 8 a.m. near the Curling Club and start running or walking at 10 a.m. The event will be over by Noon, leaving time for you to enjoy your normal Father's Day activities either at home or at Chinguacousy Park.

This is a major awareness and fundraising event for Prostate Cancer Canada, and we can claim up to 50% of the dollars raised by the PCCN Brampton team to help cover our operating expenses.

To sponsor our team or to join our team:

- Go to <http://my.e2rm.com/TeamPage.aspx?teamID=368525&langPref=en-CA&Referrer=direct%2fnone>
- Click on "Sponsor this Team" or "Join this Team".
- Follow the instructions.

Contact me if you have any questions on the process.

We will have refreshments and live entertainment, including a Zumba warm up led by Janice Eisenberg, a well-known instructor and great supporter of PCC.

**Jim Dorsey, Steering Committee, 905-453-3038, [jfdorsey@yahoo.com](mailto:jfdorsey@yahoo.com)**





## **Cruisin' for a Cure Canada, Sunday, September 8<sup>th</sup>**

The 7<sup>th</sup> edition of our annual Cruisin' for a Cure Canada will once again be held at the Powerade Centre, 7575 Kennedy Road South, Brampton. The show is described on various information sites as follows:

*Cruisin' for a Cure is a one-day car show devoted to Prostate Cancer awareness, operated by unpaid volunteers from the **Prostate Cancer Canada Network – Brampton** support group and their supporters.*

***Free confidential PSA blood tests** are provided to all men 40 and over, with results going directly to their doctors. **Free “Survivor” Tee shirts** for pre-registered Prostate Cancer survivors.*

***Goodie bags** for show car owners while supplies last. Raffles, food, beverages, vendors and health information will be available.*

*All cars, trucks, motorcycles and snowmobiles are welcome as display vehicles. Parking charge is \$5 per display or spectator vehicle; donations \$20 and over will receive tax receipts.*

*Gates open at 7:30 a.m. Register by 11 a.m. to be eligible for **People's Choice awards**. The car show runs from 10 a.m. to 4 p.m. The Blood Clinic operates from 9 a.m. to 4 p.m. **ONLY**.*

What **you** can do to help:

- **Volunteer** to work at the event.
- **Donate / “regift”** items large or small for door prizes and raffle items. They do NOT have to be car-related.
- **Talk up the event** with your friends, relatives, customers, suppliers. We need all the community awareness and support that we can muster.

Flyers will be available at the June 11<sup>th</sup> meeting or you can phone Jim Dorsey to obtain them.

**Jim Dorsey, Cruisin' for a Cure Coordinator, 905-453-3038,**  
[jfdorsey@yahoo.com](mailto:jfdorsey@yahoo.com)



# PCCN Brampton Bram-O-Gram

## Rock the Road Raffle Final Draw Wednesday, Sept. 18<sup>th</sup>

As Rocco Rossi announced at the May meeting, the Trillium Automobile Dealers Association has generously donated a custom Camaro to PCC to raffle for Prostate Cancer research and awareness. Tickets will be available at the meeting.

You can also call **Jim Dorsey** at **905-453-3038** to purchase tickets.

The poster features a large, high-angle photograph of a black 2013 Chevrolet Camaro ZL1 driving on a road. The car's headlights and grille are prominent. In the top right corner is the Prostate Cancer Canada logo. The main text reads "ROCK THE ROAD RAFFLE" in white and red on a black background, followed by "For a chance to WIN a 2013 Camaro ZL1" in large red letters. Below this, it states "Tickets are \$20 each or 3 for \$50" and "To purchase, call 416-441-2131 or 1-888-255-0333". The website "rocktheroadraffle.ca" is listed. Logos for "Generously Donated by: TADA Trillium Automobile Dealers Association" are present. A circular badge in the bottom left says "LIMITED EDITION". A strip of four smaller images at the bottom shows details of the car: the engine, a wheel, a close-up of the front, and the car at night.

2013 Lottery License #5675. Draw to take place between 12 noon and 12:30 p.m. on Wednesday September 18, 2013 at the Paramount Conference & Event Venue, 222 Rowntree Dairy Rd., Woodbridge ON L4L 9T2. Prize is a limited edition 2013 Camaro ZL1 valued at \$87,000. 10,000 tickets will be sold at \$20 per ticket or 3 for \$50. Chevrolet Registration Number: SN 90127 0944 100001





### [Recently Diagnosed? – Contact PCCN-Brampton](#)

If you would like to speak with someone who has been there, please contact us and we will arrange to meet with you at a convenient time and place. Alternatively, come early to one of our Monthly Meetings and inform the front desk that you're a new member on arrival. One of our counsellors will welcome you and listen to your concerns. Our Monthly General Meetings are held on the 2nd TUESDAY of each month except July & August at the Terry Miller Recreation Centre.

Steering Committee Meetings are held two weeks plus a day later on a WEDNESDAY in the Community Room at the Fortino's at Main & Bovaird, 60 Quarry Edge Drive, Brampton, ON L6V 4K2. Sean Butterly has offered to be available during these Meetings to meet you one on one at Fortinos if you prefer.

Family members, friends & supporters are always welcome at any of our Meetings!

[Our Hot Line Number:](#)      **(289) 752-6316**

Note that we accept phone calls throughout the year.

**If no one is available to take your call, PLEASE leave a voice mail and we will return your call as soon as possible.**

### [Regular “Snail Mail” Costs Money – Please Consider Email](#)

Regular Printing and Mailing Costs us about a dollar per person per month. Anyone who would prefer to receive this newsletter via e-mail should contact:

Gary Foote, 905-458-6650, E-Mail: [gary.foote@pccnbrampton.com](mailto:gary.foote@pccnbrampton.com)

If you already receive your newsletter via regular mail or e-mail, be sure to notify us of any address changes so we can continue to get it out to you.