



PCCN Brampton News

May 2011

Volume 11 Issue 5

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**WE ARE BACK AT
TERRY MILLER THIS
MONTH AFTER A TRIP
TO WELLSRING
CHINGUACOUSY**

PCCN Brampton

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Our April Meeting introduced a DVD on Prostate Cancer that was produced by the Thunder Bay PCCN group. We hadn't realized just how long it was, so we didn't have time for personal stories and feedback. We will resume the personal stories and discussions during the May meeting to finish off this well received session. If you would like to share your story let us know and we will try and accommodate you as well.

We will have a number of copies of the Thunder Bay DVD "Prostate Cancer – It's A Family Affair" available so let us know if you would like one, so we bring enough copies with us.

May is largely a major planning month for June, one of our busiest months of the year. As you can see in the events notices below the group is involved in no less than 4 awareness events.

This starts with the Saturday, June 4th ATV Ride of Hope and the subsequent Motorcycle "Ride for Dad" on Saturday, June 11th.

Peel Region Fathers Day Run/Walk for Dad will be held on Sunday, June 19th at Chinguacousy Park in Brampton. We would like to invite you and your family to participate, so sign up and join our team. We have decided to enter this event this year in place of the "Relay for Life" as it is focused on Prostate Cancer Awareness and is highly publicized by Prostate Cancer Canada. Further details of the event are listed in the pages below.

Our Annual Golf Tournament will also be held in June on Monday, June 20th at the Acton Golf Club. We could use several more volunteers to help solicit prizes for the event so if you can help please let us know. Forward me your name and/or that of your foursome if you would like to play in the event as well.

So if you have some time to volunteer or attend any of the events there are certainly lots to choose from.

Gary Foote – Treasurer & Newsletter Editor

Tel: 905-458-6650, E-Mail: gary.foote@pccnbrampton.com



Next General Meeting, Tues May 10th 2011

Speaker: Various Members
"Personal Journeys With Prostate Cancer"

Several members will recount their personal stories during their diagnosis and battles with Prostate Cancer. Let us know if you would like to share your story as well.

"Prostate Cancer – It's A Family Affair"

We will also be playing a portion of this DVD prepared by PCCN Thunder Bay

Please forward your questions or suggestions to: info@pccnbrampton.com

We meet at the Terry Miller Recreational Centre in Brampton
Room 2, 1295 Williams Parkway is the location; parking is always free.

Upcoming PCCN Brampton Meetings:

Tuesday, May 10th, 2011 – Personal Journeys
- Prostate Cancer – A Family Affair
- Extended by Popular Demand

Tuesday, June 14th, 2011 – Summer Pot Luck Dinner
"Season Wrap Up & Get Together"

Speaker suggestions from members are always welcomed, please watch our website for complete meeting agendas and updated speaker profiles!

Al Hutton, Speaker Committee:
(905) 274-5394 or Email @ alhutton@sympatico.ca

*Please Note: We try as best we can to plan great speakers and topics however from time to time we may have to reschedule the speaker due to unforeseen circumstances.
We will always try and provide as much advance notice as possible when a reschedule occurs.*

April 2011 Prostate Cancer Events:



April saw us, and by us I mean Bob Vandrish, attend the annual Evening of Hope and Circle of Hope events here in Brampton. Both are well organized and inspirational events put on by a dedicated group of people for those affected by Cancer in all of its many forms.

Bob was instrumental both in manning these events and in providing us with useful feedback in preparing display equipment for any other events we may participate in.

Thanks Bob for all your help on such short notice.

Upcoming 2011 Prostate Cancer Events:

Prostate Extreme Team “ATV Ride of Hope”, Saturday June 4th 2011

www.prostateextremeteam.com/atv.html

Motorcycle “Ride for Dad”, Saturday, June 11, 2011

<http://www.motorcycleridefordad.org/pel/about-us>

www.insidemotorcycles.com/images/Features/1401/88_Father%20knows%20best.pdf

PCCN-Brampton “Peel Region Father's Day Walk / Run”, Sunday, June 19th 2011

http://www.pccnbrampton.com/2011_walk.htm

PCCN-Brampton “Annual Golf Tournament”, Monday, June 20th 2011

http://www.pccnbrampton.com/2011_golf.htm

Cruisin For a Cure Canada, Sunday Sept 11th 2011

<http://www.cruisinfocarecanada.com>



Peel Region Father's Day Walk / Run

Location: Chinguacousy Park, 9050 Bramalea Rd

Event Day: Father's Day, Sunday, June 19

Event Day Sign In: 8:00 a.m.

Event Start: 9:30 a.m.

Cost: Adults \$35, which is waived if you pledge to raise \$150 or more. Children under 12 are free

To Register to Walk: Click the *Register Now* button at <http://www.prostatecancer.ca/Father-s-Day-Run-2011/Peel-Region/Home>

To Make a Donation to Our Team: Click the *Make a Donation* button at <http://www.prostatecancer.ca/Father-s-Day-Run-2011/Peel-Region/Home>

Additional Info:

5K run / walk for adults and a 1K fun run for kids under 12. Join us after the run for lots of great food, prizes, and live entertainment.

This is one of Prostate Cancer Canada two major annual fund-raising events, and PCC is providing extensive publicity in all public media as well as on the website.

Our team has already been set up and is called **Brampton Blue Knight Crusaders**.

To Join Our Team: Register to Walk first, sign out, then Click the *Register Now* button and sign in at <http://www.prostatecancer.ca/Father-s-Day-Run-2011/Peel-Region/Home>

Please mark the date on your calendar and plan to spend the morning with us.

Jim Dorsey, Steering Committee

Tel.: (905) 453-3038, or Email: jim.dorsey@pccnbrampton.com



2011 Cruisin' for a Cure Activities

As you are no doubt aware, we are sponsoring the Senior Moments Motorsport Top Dragster this season. The car will compete at a number of race weekends around Ontario and Quebec.

[Toronto Motorsports Park](#), Cayuga On, May 20-22

[Toronto Motorsports Park](#), Cayuga On, June 10-12

[Toronto Motorsports Park](#), Cayuga On, July 1-3

[Grand Bend Motorplex](#), Grand Bend On, July 15-17

[Luskville Dragway](#), Luskville PQ, July 29-31

[Grand Bend Motorplex](#), Grand Bend On, Aug 5-7

[Grand Bend Motorplex](#), Grand Bend On, Sept 2-4

[Shannonville Motorsport Park](#), Shannonville On, Sept 18-19

The SM Motorsport Top Dragster will also be a featured vehicle at our Cruisin' for a Cure at the Powerade Centre on September 11, 2011. More details in the next month.

Volunteers are required for all race weekends and of course for Cruisin' for a Cure. Please contact me if you would like to get involved. Be warned that racing and the car hobby in general are addictive activities.

Note that we have a few hooded sweat shirts left over from the Performance World Car Show. They feature full-length zipper, two front pockets and the 2011 shirt art. Sandi & I regularly wear the same shirts from previous year's events. They are extremely high quality and comfortable and great conversation starters, from Medium to 2XL, price \$40.

Jim Dorsey, Steering Committee

Tel.: (905) 453-3038, or Email: jim.dorsey@pccnbrampton.com



[Recently Diagnosed? – Contact PCCN-Brampton](#)

If you would like to speak with someone who has been there, please contact us and we will arrange to meet at a convenient time and place. Alternatively, come early to one of our monthly meetings and inform the front desk that you're a new member on arrival. One of our counsellors will welcome you and listen to your concerns. Sean Butterly has also offered to be available during our Steering Committee Meetings to meet you one on one at Wellspring Chinguacousy if you prefer.

Our monthly general meetings are held on the 2nd TUESDAY of each month except July & August at Terry Miller Recreation Centre. Our Steering Committee meetings are held two weeks later on the 4th TUESDAY of every month except July & August at Wellspring Chinguacousy, but we always accept calls throughout the year. Family members, friends and supporters are always welcome at any of our meetings!

[Counselling Associates:](#)

Sean Butterly, (905) 454-4237

Morris Rambout, (905) 793-8843

Regular Mail Costs Us about a dollar per person per month. Anyone who would prefer to receive this newsletter via e-mail should contact: Gary Foote 905-458-6650, E-Mail: gary.foote@pccnbrampton.com

If you already receive your newsletter via regular mail or e-mail, be sure to notify us of any address changes so we can continue to get it out to you.

[Website News & Issues:](#)

We will continue to post the latest YouTube Videos in relation to Prostate Cancer please check in regularly for the latest videos from around the World.

We appreciate any feedback in regards to the website as it really helps us make it more user friendly, keep the feedback coming folks! If you would like to advertise an upcoming local Prostate Cancer Event on our site please contact:

Steve Hutton – Webmaster/Event Coordinator
(905) 840-7937 or via email: steve.hutton@pccnbrampton.com