



October 2011
Volume 11 Issue 10

INSIDE THIS ISSUE

- 1 PCCN-Brampton News
- 2 General Meeting Update
- 3 Upcoming Meetings
- 4 Upcoming Events
- 5 Promoting Awareness
- 6 What's New in PC

**SEE OUR
CRUISIN' FOR A
CURE CANADA
2011 PICTURES
ON OUR
WEB-SITE**

PCCN Brampton

www.pccnbrampton.com

info@pccnbrampton.com

Phone: 905- 453-3038

Fax: 905-840-9474

PCCN Brampton News

September is Prostate Cancer Awareness month.

Our 5th annual Cruisin' For a Cure Canada was held on Sunday, Sept 11, 2011 at the Powerade Centre on Kennedy Road south of Steeles in Brampton. The weather cooperated for a change and the event was an unqualified success.

With 330+ automobiles on display and close to 300 PSA tests provided free of charge, the event provides an excellent vehicle for Prostate Cancer Awareness. All puns aside, it was a great day, punctuated by a performance by the OPP Golden Helmets motorcycle team. This performance and a moving tribute to the victims of 9/11 made our 5th annual event a special day all round.

While we did not have a major sponsor to cover the PSA clinic this year, a number of smaller sponsors and a good turnout allowed the event to cover our costs.

Our thanks to the small army of volunteers that make this event a success, most notably Jim & Sandi Dorsey who do an fantastic job promoting and making sure the event comes off as planned.

Jim and Sandi followed this up by attending the 1st annual Cruisin' For A Cure event in Buffalo at the Roswell Cancer Centre. They have been sharing their experiences with the group across the border to help make their event a success as well.

September also saw the Gentlemen's Choice Charity Golf Tournament, that benefits our group, played on the following week-end at the Mayfield Golf Club in Brampton.

In October a number of our members will be attending the annual PCCN member conference in Halifax, Nova Scotia. We will report back next month on the news from the conference.

Gary Foote – Newsletter Editor / Treasurer

Tel: 905-458-6650, E-Mail: gary.foote@pccnbrampton.com

Next General Meeting, Tues October 11th 2011



Our October Meeting Features Medical Herbalist Morwenna Given

Morwenna practices as a Medical Herbalist in Toronto, Ontario, Canada. She is trained to address a variety of illnesses from major to minor but has chosen to focus on cancer, pre cancerous, prostatic and diabetic conditions. She aims to solve the problem not just address the symptom by using our biochemical knowledge of plant molecules to prevent disease with botanical medicine and medicinal herbs. She recognizes the importance of treating the whole body holistically and every person individually.

Our bodies are the physical expression of atoms bound together by molecular bonds. If you disrupt, through disease, any of these bonds then it affects the whole body and the repair has to be for the whole body not just the affected part.

Morwenna will address us on the subject of herbs & Prostate Cancer.

Morwenna has made several impressive appearances on television lately. She has undergone a strenuous certification process in the U.K. If you are interested in alternative treatments, you will find this session very informative.

For more information on the subject visit her website. <http://www.medicuserbis.com>

We look forward to seeing you in Room #2, The Terry Miller Recreation Center, 1295 Williams Parkway, at the southwest corner of Williams Parkway & Bramalea Road.

Parking as always is free.

Please forward your questions or suggestions to: info@pccnbrampton.com

Last Meeting, Tues September 13th 2011



Steve Jones, President and CEO of Prostate Cancer Canada came to visit us for our first meeting in September.

Before he began his presentation Steve Hutton presented a video presentation of the Senior Moments Racing PCCN Dragster and Cruisin' for a Cure 2011 event highlights. This was topped off by a quick review of the events by Jim Dorsey.

On a sadder note Morris Rambout reported on the service that he and Sandra attended for Ken MacDonald, a long time member that passed away over the summer. Unfortunately the service coincided with the CFFC event or more people would have attended. Ken will certainly be missed.

Steve Jones reviewed some of the progress that PCC has made over the last year. While Prostate Cancer is still somewhat under the radar, companies and networks are starting to take notice. High profile inductees into our fraternity included Jack Layton and Ken Shaw over the last year.

Steve went over some of PCC initiatives including Research Grants, support of Survivorship Programs and the like. Over the last year the PCCN network has grown to 72 groups nationwide. Annual events like the Fathers Day Walk and Movember continue to grow.

The Blue Tie has become the recognisable symbol of the cause with members of parliament and the media sporting them regularly, most recently during the tributes to Jack Layton.

While Prostate Cancer still has a way to go to match the effectiveness of the Breast Cancer movement we have come a long way from where we started and the future looks promising.

For more information on Prostate Cancer Canada visit the PCC website.

www.prostatecancer.ca



Upcoming 2011 Prostate Cancer Events:

PCCN Conference – October 12-15th – Halifax, Nova Scotia

**Cruisin' For A Cure Booster Night, Wednesday, October 26th, 2011
6:30 PM to 9:00 PM at Boston Pizza in Oakville, QEW & Dorval Drive**

Movember – November 2011

Join the team, grow a Mo and raise some money for Prostate Cancer Research

Upcoming PCCN Brampton Meetings:

**Tuesday, October 11th, 2011
Morwenna Given - Medical Herbalist**

**Tuesday, November 8th, 2011
Dr. Tom Corbett - Radiation Oncologist**

**Tuesday, December 13th, 2011
Christmas Pot Luck Dinner & Get Together**

Speaker suggestions from members are always welcomed, please watch our website for complete meeting agendas and updated speaker profiles!

**Al Hutton, Speaker Committee:
(905) 274-5394 or Email: alhutton@sympatico.ca**

Please Note: We try as best we can to plan great speakers and topics however from time to time we may have to reschedule the speaker due to unforeseen circumstances.

We will always try and provide as much advance notice as possible when a reschedule occurs.

In Memory of Ken Macdonald

In July, our long-time member Ken Macdonald died in Brampton, surrounded by his family, following a long struggle after his Prostate Cancer recurred.

Ken & his wife Marion have been heavily involved in the group since 1995, most recently as telephone callers. Those of you who were fortunate enough to be on their lists came to know them as concerned, considerate supporters.

For a variety of reasons, Ken's Memorial Service had to be held on Sunday, September 11, the same day as Cruisin' for a Cure. Marion apologized for the scheduling conflict and recognized that we would be thinking of Ken even though we could not take part.

Morris & Sandra Rambout attended the service on our behalves and they reported that it was a moving occasion, beautifully done.

Ken will be greatly missed by family and friends.

Cruisin' for a Cure Canada, September 11, 2011



Our 5th Annual Cruisin' for a Cure Canada, held at **The Powerade Centre**, was by all accounts a success. We drew 330+ very special vehicles and most importantly, provided 286 **free PSA Blood Tests** to Men 40 & Over. As always, the volunteers – from the community and from our members came out to help make the day a success.

From the community, we have to recognize the most obvious of our faithful, unpaid volunteers:

Bob McKerron, our DJ since our first show in 2007 retired in 2010, but he came out and used the equipment that **Bill Stellings of BramCity Transmission** now carries in his community events van. Bob's wife Lory and Bill and his fiancé Kris helped Bob at the sound table.

The tireless **Lisette Stauch of Oscar's Roadhouse** and her crew of relatives and friends once again did the barbecuing and dispensed the beverages.

All our PT Cruiser friends once again came from both sides of the border to help us out. **Rick & Elaine Brown, Max & Debbie Gabriel, Jim & Caroline Winner** and **Marty & Karen Miller** came up from New York to help with registration, parking and the auction. **Lorne & Wendy Bland, Bob Perkins & Bonnie Hamilton** and **Rick & Sandra Porter** & their amazing son **Matthew** were among our many Canadian PT friends who came to help.

Matthew drafted his friend **Andrew James** to help with traffic control. **Sean O'Neill**, a young PT Cruiser fan and experienced car show organizer who also came to us in 2007, once again directed the traffic control crew.

And we cannot forget **Patricia McFadden**, our PT Cruiser “Green Goddess” who came all the way from Elliott Lake to sing the American and Canadian National Anthems during the opening ceremonies.



The **OPP Golden Helmets Precision Motorcycle Drill Team**, led by Sergeant Lise Grenier, presented an amazing display of their skills. Lise made sure that all the male members of the team went to the Blood Clinic before they left for their respective homes.

Finally, we have to mention **Jerry Dunn** and the **Golden Horseshoe Mustang Association** and **George & Bonnie Farrugia** and **Street Classics** are two car clubs that have come to support us in a big way.

From our members, there are so many people to recognize:

Mike Loughnan, Tilly Netherton and **Margaret Butterly** once again ran the blood clinic with velvet-covered iron fists.

Sean Butterly, Len Munn and **John Elliott** staffed our PCCN Brampton booth, dispensing information and support.

The Paris family – Denis & Jean, their daughter Carol, granddaughter Christina – and Christina’s fiancé Sean, were all key to the registration and product sales processes. **Nina Munn** helped with the registration.



Gary & Marie Foote, Morris & Sandra Rambout, John & Susan Bexfield, Paul Henshall and Oscar Tachini all did yeoman service wherever and whenever required. **Victor Horvath** and others worked the traffic control gates for us.

As usual, **Steve Hutton** was a whirlwind of activity throughout the day, while his wife **Mary**, daughter **Alexis** and Mary's family provided accounting and security services. And last but not least, my wife **Sandi** provided me with ceaseless support throughout the planning and execution of Cruisin' for a Cure. Without her, these shows would never take place!

To anybody who helped out and who is not mentioned above, please forgive me and drop me an email reminder or hit me upside the head at the November meeting. I'm old and my mind wanders...

To everybody involved, whether mentioned or not, thank you, thank you, THANK YOU! With your support, we will continue to run Cruisin' for a Cure until there is no need.

Mark your calendars for the 6th Annual Cruisin' for a Cure Canada, Sunday, September 9, 2012.

Next month, we will consider the many sponsors who made the quality of the day possible.

Jim Dorsey, Steering Committee, 905-453-3038, jfdorsey@yahoo.com



Cruisin' for a Cure Booster, October 26, 2011

In order to generate some funds to help with our 6th Annual Cruisin' for a Cure Canada, we will be holding a "Booster" event.

- Date:** Wednesday, October 26, 2011
Time: 6:30 pm to 9:30 pm
Buffet: 7 pm to 8 pm, including salad, pasta, pizza and non-alcoholic beverages
Featuring: Draw Prizes
Silent Auction
50 / 50 Draw
Location: ***Boston Pizza, QEW & Dorval***
270 North Service Road W. Oakville ON L6M 2R8
905.849.8100
Cost: \$25.00 per Person

Why Oakville, you will ask? **Donna Corrigan**, the owner of this Boston Pizza and another one in Milton, has been very supportive of Cruisin' for a Cure over the summer, providing us with a forum to discuss what we are doing and why. She has generated funds to help us by selling our Cruisin' Calendars and other Prostate Cancer awareness items.

Donna is very heavily involved in supporting various worthwhile charities in Southern Ontario, through her own annual golf tournament and through Boosters such as this one. We feel that she in turn deserves our support.

Donna has printed 200 tickets for us to sell. We receive \$10 from the sale of each ticket plus the proceeds from the Draw Prizes, Silent Auction and 50 / 50 Draw. If every member buys two tickets, we can easily sell out.

Please contact Paul Henshall or myself for your tickets. Paul will be at the Monthly Meeting on October 11; I will not.

Sandi & I are currently on vacation in New Jersey and we will be driving up the East Coast to attend the PCC Annual Conference in Halifax, October 11 to 15.

Paul Henshall, Steering Committee, 905-846-3336, paul@hslrallysport.ca
Jim Dorsey, Steering Committee, 905-453-3038, jfdorsey@yahoo.com



[Recently Diagnosed? – Contact PCCN-Brampton](#)

If you would like to speak with someone who has been there, please contact us and we will arrange to meet at a convenient time and place. Alternatively, come early to one of our monthly meetings and inform the front desk that you're a new member on arrival. One of our counsellors will welcome you and listen to your concerns. Sean Butterly has also offered to be available during our Steering Committee Meetings to meet you one on one at Wellspring Chinguacousy if you prefer.

Our monthly general meetings are held on the 2nd TUESDAY of each month except July & August at Terry Miller Recreation Centre. Our Steering Committee meetings are held two weeks later on the 4th TUESDAY of every month except July & August at Wellspring Chinguacousy, but we always accept calls throughout the year. Family members, friends and supporters are always welcome at any of our meetings!

[Counselling Associates:](#)

Sean Butterly, (905) 454-4237

Morris Rambout, (905) 793-8843

Regular Mail Costs Us about a dollar per person per month. Anyone who would prefer to receive this newsletter via e-mail should contact: Gary Foote 905-458-6650, E-Mail: gary.foote@pccnbrampton.com

If you already receive your newsletter via regular mail or e-mail, be sure to notify us of any address changes so we can continue to get it out to you.

[Website News & Issues:](#)

We will continue to post the latest YouTube Videos in relation to Prostate Cancer. Please check the site regularly for the latest info & videos from around the World.

We appreciate any feedback in regards to the website as it really helps us make it more user friendly, keep the feedback coming folks! If you would like to advertise an upcoming local Prostate Cancer Event on our site please contact:

Steve Hutton – Webmaster/Event Coordinator
(905) 840-7937 or via email: steve.hutton@pccnbrampton.com