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Volume 11 Issue 9

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**DON'T MISS  
CRUISIN' FOR A  
CURE CANADA  
2011, SUNDAY  
SEPT 11<sup>th</sup> AT  
THE POWERADE  
CENTRE**

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## PCCN Brampton News

June was a very busy Prostate Cancer activity month.

This started with the ATV Ride of Hope Saturday, June 4<sup>th</sup>.

The Motorcycle "Ride for Dad" fell on Saturday, June 11<sup>th</sup>.

Peel Region Fathers Day Run/Walk for Dad was held on Sunday, June 19<sup>th</sup> at Chinguacousy Park in Brampton and it was very well attended for a first year event. We learned a lot about the process and next year should be bigger and better.

Our Annual PCCN Brampton Charity Golf Tournament was its usual success with about 90 golfers battling it out on Monday, June 20<sup>th</sup> at the Acton Golf Club. In the end there was a tie for first place with the title decided by a marathon putting contest.

Over the summer some of us took some time off while others, Jim Dorsey, Steve Hutton, Paul Henshall and Denis Paris, to name a few, volunteered at the Senior Moments Racing circuit and at car shows across Ontario and the U.S. to promote our own Cruisin' For A Cure Canada 2011 event this week-end.

This will be held this Sunday, Sept 11, 2011 at the Powerade Centre on Kennedy Road south of Steeles in Brampton from 10:00 AM to 4:00 PM with the gates opening at 7:30 for early participants and volunteers. We will also be meeting at the centre Saturday at 6:00 PM to create goody bags and help get everything as organized for the event as we possibly can.

If you can spare some time on either day let Jim Dorsey know or just show up and we will find something for you to do.

It looks like it should be a great day, weather wise, so come out and enjoy the show and drag along your friends and relatives over 40 to get their PSA tested for free while you're at it. Prostate Cancer can be beaten but you have to know you have it to do so.

Gary Foote – Treasurer & Newsletter Editor

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## PCCN Brampton Bram-O-Gram

### *Next General Meeting, Tues September 13<sup>th</sup> 2011*

#### **Our New Season's First Meeting Features PCC President and CEO Steve Jones**



Steve Jones has served as President and CEO of Prostate Cancer Canada for the last year and will bring us up to date on the events, research and awareness successes from the past year and the future goals of PCC reaching into the next year and beyond.

For more information on Prostate Cancer Canada visit the PCC website. [www.prostatecancer.ca](http://www.prostatecancer.ca)

**We look forward to seeing you in Room #2, The Terry Miller Recreation Center, 1295 Williams Parkway, at the southwest corner of Williams Parkway & Bramalea Road.**

**Parking as always is free.**

**Please forward your questions or suggestions to: [info@pccnbrampton.com](mailto:info@pccnbrampton.com)**



**Upcoming 2011 Prostate Cancer Events:**

**Cruisin For a Cure Canada, Sunday Sept 11<sup>th</sup> 2011  
10:00 AM to 4:00 PM [www.c4acc.com](http://www.c4acc.com)**

**Gentlemen's Choice Charity Golf Tournament, Sunday Sept 18<sup>th</sup>, 2011  
Mayfield Golf Club, Brampton**

**Cruisin' For A Cure Booster Night, Wednesday, October 26<sup>th</sup>, 2011  
6:30 PM to 9:00 PM at Boston Pizza in Oakville, QEW & Dorval Drive**

**Movember – November 2011  
Join the team, grow a Mo and raise some money for Prostate Cancer Research**

**Upcoming PCCN Brampton Meetings:**

**Tuesday, September 13<sup>th</sup>, 2011  
Steve Jones President & CEO of Prostate Cancer Canada**

**Tuesday, October 11<sup>th</sup>, 2011  
Morwenna Given - Medical Herbalist**

**Tuesday, November 8<sup>th</sup>, 2011  
Dr. Tom Corbett - Radiation Oncologist**

**Tuesday, December 13<sup>th</sup>, 2011  
Christmas Pot Luck Dinner & Get Together**

**Speaker suggestions from members are always welcomed, please watch our website for complete meeting agendas and updated speaker profiles!**

**Al Hutton, Speaker Committee:  
(905) 274-5394 or Email: [alhutton@sympatico.ca](mailto:alhutton@sympatico.ca)**

***Please Note: We try as best we can to plan great speakers and topics however from time to time we may have to reschedule the speaker due to unforeseen circumstances.  
We will always try and provide as much advance notice as possible when a reschedule occurs.***



### Peel Region Father's Day Walk / Run – Sunday, June 19<sup>th</sup>

Our Father's Day Walk / Run in Chinguacousy Park was a great success thanks to all the Brampton and area residents who came out to honour their male relatives. A number of Prostate Cancer survivors also walked or ran. The total raised was close to \$20,000; the net proceeds will be split between Prostate Cancer Canada and PCCN – Brampton.

As this is one of Prostate Cancer Canada's two major annual fund-raising events, PCC provided extensive publicity in all public media as well as on their website. Sponsors, tents, goody bags, runner's bibs and other necessary items were also supplied or arranged by PCC.

At the end of the day, awards were presented to:

- **Fastest Man over Extended Course**
  1. **Nevado Foster**
- **Fastest Men over Regular Course**
  1. **Brandon Guild**
  2. **Simon Brandon**
- **Fastest Women**
  1. **Cirissa Anderson**
  2. **Laura Huston**
  3. **Michelle Barnes**
- **Top Corporate Team - Coca Cola Customer Care, Captain Nathalie Macleod**
- **Top Friends and Family Team – Team Bud, Captain Angelo Lepore**
- **Top Survivor Team – Thompson Dad & Daughter, Captain Carl Thompson**

As always, we owe a big "Thank You" to [Chinguacousy Park](#) for their generous support. Roberta Canning of Chinguacousy Park spent the entire morning with us, ensuring that everything ran smoothly. Her staff as always bent over backwards to accommodate us.

The Snack Bar and Kids Petting Zoo were open and all Dads were offered a free round of Mini Golf. The MacDaddys Hip-Hop Dance Crew entertained the crowd with their unique dance stylings. Public Address and music facilities were provided by our good friend Bill Stellings of BramCity Transmission.



Courtney Cisterna & her Junior Dragster, "Parental Nightmare" were a huge hit with kids and parents alike. Courtney and her crew chief / Dad, John, patiently answered all questions. When she wasn't talking about the car, Courtney pitched in to help with the other kids. One of the high points of the day occurred when Courtney started her car. Such a small engine, such a large noise!

**Jim Dorsey, Steering Committee**

Tel.: (905) 453-3038, or Email: [jim.dorsey@pccnbrampton.com](mailto:jim.dorsey@pccnbrampton.com)

## [2011 Senior Moments Motorsport Racing Information](#)

As you are no doubt aware, we sponsored the Senior Moments Motorsport Top Dragster this season.

The car was constructed by **Phil Nedham**, who has chosen Active Surveillance to treat his own Prostate Cancer. While we had severe teething problems, the car is now “sorted out” and will be rebuilt over the winter based on all that we learned over the summer.

Early in the season, we were pitted beside Tony Positano Racing, another Top Dragster team. Tony volunteered to add a PCa message to his car in early July. Over the summer, thousands of spectators in the grandstands and visitors to the pits saw Phil’s “Early Detection Can Save Your Life...It Did Mine” message alongside Tony’s “Take the test that could save your life.”



Paul Henshall, Steve Hutton, Denis Paris and I set up information tables at a number of the major drag racing weekends at Toronto Motorsports Park and Grand Bend Motorplex over the summer. We spoke with many, many people, encountering many survivors, many newly diagnosed men and far too many bereaved relatives of Prostate Cancer victims.

We were encouraged by the number of men who stated that they have their Prostate checked every year. However, we had to explain to some of those men that colonoscopies, while they are conducted in the same general area, do NOT screen for Prostate Cancer!

Many people already knew of Prostate Cancer Canada, The Prostate Cancer Canada Network and our Cruisin' for a Cure car show. As always, we also encountered a lot of ignorance about Prostate Cancer and a lot of men who did not want to even hear the words.



All things considered, our sponsorship of the Senior Moments Motorsport Top Dragster has been an exhausting but rewarding experience.

For more pictures of the events visit our web-site:

[http://www.cruisinforacurecanada.com/drag\\_schedule.htm](http://www.cruisinforacurecanada.com/drag_schedule.htm)

**Jim Dorsey, Steering Committee**

Tel.: (905) 453-3038, or Email: [jim.dorsey@pccnbrampton.com](mailto:jim.dorsey@pccnbrampton.com)



### *Cruisin' for a Cure Canada, Sunday, September 11, 2011*



Our 5<sup>th</sup> Annual Cruisin' for a Cure Canada will be held in the North Parking Lot at **The Powerade Centre**, 7575 Kennedy Road South, Brampton, ON L6W 4T2.

The gates open at 7:30 am; the show runs from 10 am – 4 pm. The opening ceremony will start at 11 a.m.

As always, we will provide **free PSA Blood Tests** for Men 40 & Over. Clinic hours run from 9 am. – 4 pm only.

The show will feature “Goodie Bags”, People’s Choice Awards and Door Prizes for vehicle owners. We will have even more vendors and trade exhibitors than in previous years plus a 50:50 Draw, our popular Live Auction, Entertainment & Food and of course Prostate Cancer information for all who attend.

**Bob McKerron**, our one and only Disk Jockey, will come out of retirement to do the day’s announcements and play “classical” rock and roll. Bob will work from the Community Events van from **BramCity Transmission**, one of our most loyal supporters since our first show in 2007.

**Bill Stellings of BramCity** and **Lisette Stauch of Oscar’s Roadhouse** will operate the BBQ and beverage service once again.

**Phil Nedham’s** Senior Moments Motorsport Top Dragster and **Courtney Cisterna’s** “Parental Nightmare” Junior Dragster will be featured vehicles. We are hoping to attract at least one Dakar Rally vehicle as well.

The Ontario Provincial Police **Golden Helmets** Precision Motorcycle Team will join in a salute to First Responders and our Military on the 10<sup>th</sup> anniversary of the World Trade Centre Disaster. They will then honour us with a demonstration of their skills.



Once again, we will charge a \$5 parking fee per vehicle entering the North Parking Lot. Net Proceeds go to **Prostate Cancer Canada** and **Wellspring Chinguacousy**. We can issue tax receipts for any and all donations of \$20 or more.

This year there will be a bonus for non-car fans: The **Brampton Battalion** will play an exhibition game against the **Guelph Storm** at 2:00 p.m. **Sarge**, the Battalion mascot, will repeat his popular appearance of last year.

We have had a particularly tough time collecting items for Door Prizes or the Live Auction. If you can contribute any suitable products or services, please contact us.

For info or to volunteer or to contribute new unused items as door prizes or live auction items, please contact Jim Dorsey, 905-453-3038, [jfdorsey@yahoo.com](mailto:jfdorsey@yahoo.com)

Our website can now be accessed at [www.c4acc.com](http://www.c4acc.com).



### [Recently Diagnosed? – Contact PCCN-Brampton](#)

If you would like to speak with someone who has been there, please contact us and we will arrange to meet at a convenient time and place. Alternatively, come early to one of our monthly meetings and inform the front desk that you're a new member on arrival. One of our counsellors will welcome you and listen to your concerns. Sean Butterly has also offered to be available during our Steering Committee Meetings to meet you one on one at Wellspring Chinguacousy if you prefer.

Our monthly general meetings are held on the 2nd TUESDAY of each month except July & August at Terry Miller Recreation Centre. Our Steering Committee meetings are held two weeks later on the 4th TUESDAY of every month except July & August at Wellspring Chinguacousy, but we always accept calls throughout the year. Family members, friends and supporters are always welcome at any of our meetings!

#### [Counselling Associates:](#)

Sean Butterly, (905) 454-4237

Morris Rambout, (905) 793-8843

Regular Mail Costs Us about a dollar per person per month. Anyone who would prefer to receive this newsletter via e-mail should contact: Gary Foote 905-458-6650, E-Mail: [gary.foote@pccnbrampton.com](mailto:gary.foote@pccnbrampton.com)

If you already receive your newsletter via regular mail or e-mail, be sure to notify us of any address changes so we can continue to get it out to you.

#### [Website News & Issues:](#)

We will continue to post the latest YouTube Videos in relation to Prostate Cancer please check in regularly for the latest videos from around the World.

We appreciate any feedback in regards to the website as it really helps us make it more user friendly, keep the feedback coming folks! If you would like to advertise an upcoming local Prostate Cancer Event on our site please contact:

Steve Hutton – Webmaster/Event Coordinator  
(905) 840-7937 or via email: [steve.hutton@pccnbrampton.com](mailto:steve.hutton@pccnbrampton.com)