

**September 2012
Volume 12 Issue 9**

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**VIEW THE
EVENTS IN THE
PLANS FOR 2012
SECTION AND
CONSIDER
VOLUNTEERING
IF YOU CAN**

PCCN Brampton

www.pccnbrampton.com

info@pccnbrampton.com

Phone No: 289-752-6316

Fax No: 905-840-9474

PCCN Brampton News

We may have apparently taken a break for the summer but a lot still went on after our Season Ending Social & Potluck Supper which was well attended and enjoyed by all.

Sunday, June 17th saw us together with several hundred participants at Chinguacousy Park for the Annual Fathers' Day Walk / Run for Prostate Cancer. Sadly one participant from last year, Kim Clout, lost his battle with the disease, at the age of 42, in May of this year but his family and friends were out in force to honour his memory. Another long time PCCN Brampton member, John Elliot made it out to the event, but sadly passed away in July. John was a fixture at our monthly meetings and always had a kind word. He will be greatly missed.

On Monday, June 25th we had our annual Golf Tournament Fund Raiser with 92 golfers making the trek to Acton for another very successful event.

We participated in a Janssen sponsored event in Mississauga that saw 250+ people come out to see Dr. Neal Fleshner talk about Advanced Prostate Cancer Treatment Options.

Jim, Denis, Steve and Paul spent time at the track supporting our PCCN Sponsored dragster for another season.

Jim also spent the summer touring various car shows to promote our annual Cruisin' For A Cure Canada event. That will be held at the Powerade Centre on Kennedy Road, south of Steeles on Sunday, September 9th. Please contact Jim Dorsey if you are able to volunteer on the day of the event.

Gary Foote – Newsletter Co-Editor

Tel: 905-458-6650, Fax: 905-458-1812

E-Mail: gary.foote@pccnbrampton.com



Next General Meeting, Tuesday, September 11, 2012

Robin Stainton, Public Education Coordinator from Alzheimer's Society Peel

Robin will be speaking about Alzheimer's, a condition which many of us may face as we get older. Information will be provided to help keep our brains healthy and assist with the identification, treatment and care giving issues that are often involved.

We look forward to seeing you in Room #2, upstairs,

The Terry Miller Recreation Center, 1295 Williams Parkway,

at the southwest corner of Williams Parkway & Bramalea Road.

Parking as always is free.

Please forward your questions or suggestions to: info@pccnbrampton.com

Last General Meeting, Tuesday, June 12, 2012

Our Season Ending Social & Pot Luck Supper was a success, as always, and a very enjoyable evening. To top it off we found that some of our audio equipment had been returned. Someone either developed a conscience or found that they couldn't sell it after all. We still were forced to replace our projector, recorder, speakers and a number of cables but the damage was somewhat limited.



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Upcoming PCCN Brampton Meetings / Events:

Sunday, September 9th, 2012
6th Annual Cruisin' for a Cure, Powerade Centre

Tuesday, September 11th, 2012
Robin Stainton
Alzheimer's Society Peel

Saturday, September 15th, 2012
6th Annual ATV Ride of Hope, Port Severn Ontario
Proceeds to Benefit PCCN-Brampton

Speaker suggestions from members are always welcomed; please watch our website for complete meeting agendas and updated speaker profiles!

Al Hutton, Speaker Committee:
(905) 274-5394 or Email: alhutton@sympatico.ca

*Please Note: We try as best we can to plan great speakers and topics; however, from time to time we may have to reschedule a speaker due to unforeseen circumstances.
We will always try to provide as much advance notice as possible when a reschedule occurs.*

Upcoming PCCN Toronto Information Event:

September 19 Dr. Patrick Lee will describe his research into "*Using viruses to target prostate cancer.*" Dr. Lee addressed the Annual Conference in Halifax last October; his presentation was fascinating. His research is financed by Prostate Cancer Canada.

These sessions are held in the Floral Hall at the Toronto Botanical Garden, 777 Lawrence Avenue East on the southwest corner of Lawrence Avenue and Leslie Street. Take the Leslie Street exit off the 401 and turn right on Lawrence Avenue then left into the first driveway.



Peel Region Father's Day Walk / Run – Sunday, June 17th

It was perfect weather! Chinguacousy Park is looking better and better as each addition to the site is completed. Early in the morning, pop-up tents sprouted as shade for the registration and food tables. Water, bananas and other treats were available to all participants. We set up an official inflatable gateway over the start line. Many teams and individuals milled around waiting for the start command. So to entertain them, we had young talented performers singing. Then to warm us up, we followed (or tried to) the Zumba techniques of Janice Eisenberg.

Two laps of the park totaled 5 kilometres, along the outer perimeter walkways. To further help our runners and walkers stay on course, a team of sidewalk chalk artisans traced around Morris's prostate cancer tie symbol and wrote messages of encouragement and information on the correct pathway. Several hydration centres were posted around the course to ensure everyone could stay healthy.

Numerous teams had been assembled. The largest single team was KC and the Sunshine Gang who raised in excess of \$13,650 in honour of Kim Clout who died from Stage 4 Prostate Cancer in May at the age of 42.

An event such as this requires a lot of preparation and planning for it to seem to happen effortlessly. Many of our PCCN Brampton group gave uncounted hours to that end. Also, the City of Brampton, through its Ching Park staff, provided so much support, it would be impossible to acknowledge all of it.

All the Committee enjoyed this year's event. We had implemented numerous changes from our initial learning experience last year. No doubt, next year's event will be a great success again. Mark your calendar for the third annual event, next Fathers' Day - June 16th, 2013!

Paul Henshall, 905-601-1519, hslrallysport@gmail.com



Annual Golf Tournament – Monday, June 25th

92 Golfers and our usual team of volunteers (**Margaret Butterly, Tilly Netherton, Pat Goodland, Christine Mawhinney and Marie Foote**) helped make our annual tournament a solid success once again. The Golf Committee (**Morris Rambout, Sean Butterly, Jack Dainton, Ron Clayton, Bob Vandrish** and myself) did an excellent job gathering prizes and golfers in a difficult economic environment.

Steve Hutton's group won the tournament for the third year in a row. We may need to consider mandatory steroid testing for next year. Acton Golf Course worked hard to help us with the event and lunch, and everything came off without a hitch, other than my short game that is, that still needs work. We even got a chance to try out our new portable PA system and found that it worked quite well for the event.

Gary Foote – Golf Committee

Summer Awareness Activities

Phil Nedham, Steve Hutton, Paul Henshall, Denis Paris and I again promoted the cause at drag racing events at the Cayuga raceway. The response was even better this year as people are used to seeing us. And PCC's various activities have helped to make people more aware of Prostate Cancer and more willing to ask questions and make donations. It doesn't hurt that our driver Phil Nedham & his Crew Chief Steve Hutton have been pretty successful this year - congratulations, guys!

Our friends at the **Golden Horseshoe Mustang Association** gave us a free booth at their annual Mustang Stampede, held at the Ford Canada Headquarters in July. I got to speak to many men and women including many loyal supporters and some new folks.

I also spoke to the club's August 9th General Meeting. You might recall that they contributed \$250 to last year's Cruisin' for a Cure AND brought about 60 Mustangs out. At the conclusion of the General Meeting on August 9th, President Norm Malisani handed me a cheque for \$1,000 to help with this year's Cruisin' for a Cure!

While I was at the Mustang Stampede, Paul Henshall was rallying with a local media personality who may be about to become a member of "the club." He has just been



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diagnosed with "High-grade prostatic intraepithelial neoplasia" or PIN, often a precursor to Prostate Cancer. We pray that this man will not join us in the PCa fraternity; in the meantime, he has become very vocal about the issue.

In late July, PCCN - Brampton facilitated a major awareness event in Oakville. Funded by Janssen Pharma., **Dr. Neil Fleshner** of Princess Margaret / University Health Network spoke on new developments in the treatment of advanced prostate cancer. **Gerry Pielsticker's** Oakville / Mississauga group did all the heavy lifting on this one; we provided accounting services and handled the refreshments for 250 participants. Gerry graciously over-acknowledged our contribution and our banner was prominently displayed along with the Oakville / Mississauga group's.

On August 12th, I was invited to speak to an amazing car show event in King City. **Tim & Brenda Schmidt and Tim's Mom Helga** raised at least \$70,000 at their second annual fund-raiser to benefit Prostate Cancer Canada.

Denis Paris and I joined **Misha Lobo** from Prostate Cancer Canada and **Irving Frydman** from PCCN – Toronto to man the PCC information booth.

So it's been an interesting, productive summer. I hope that you all had a good one.

Jim Dorsey, Steering Committee, 905-453-3038, jfdorsey@yahoo.com

6th Annual Cruisin' for a Cure Canada, Sunday, September 9th, 2012

Despite the usual last minute issues, this year's Cruisin' is coming together well. All of our regular supporters are behind us yet again and many more have come out to join us. It promises to be the best ever.

Dr. Richard Casey has agreed to sign the lab requisitions for Cruisin' again this year. Furthermore, he has agreed to come out on September 9 and speak on a topic to be decided! As you will recall, he is an entertaining and informative speaker.



The Pink Slips Women's Car Club Inc., a very impressive new group with chapters throughout Ontario, will be coming out to Cruisin' in force this year. President **Jody Brock** is a brilliant promoter, as we noticed at the MegaSpeed Car Show at the International Centre in March. Her crew of pink slips girls were EVERYWHERE - and they were much better looking than us!

Particularly heartening is the addition of some younger people to the committee. Most of you know of **Jessica Hoach** from **Eikonic House of Barbers** at Bramalea City Centre. She and husband Martin helped with our Santa Claus Parade float last year and with the Father's Day Walk / Run.

The newest face is that of **Meaghan Sloski**, whose Dad is a survivor in Kelowna, BC (his oncologist there is Dr. Juanita Crook!) Among other interesting talents and involvements, Meaghan is a Country music fan who frequents Nashville North and has been promoting Cruisin' there. She has secured **Jeff Catto**, an up and coming Country Music artist and his band, who will appear on September 9 GRATIS.

Randy Lynch of **Modern Music** has arranged for four of his young artists to appear as well – **Abi Bowman**, **Leah Borneman**, **Alessandra DeAcetis** and the award-winning youth band, **Nationz**.

We are also hoping to be joined by **Helene Vassos** and **Misha Lobo** of Prostate Cancer Canada and **Danni Stockley** of Chrome Divas, a ladies' motorcycle club that has developed a calendar that is an amazing source of information about Prostate Cancer.

On a more sober note, one of our registrants this year is **Percy Bedard**, a man from London who has been in the news recently. Percy and his caregiver, **Heather Redick**, are circulating a petition protesting the Ministry of Health's treatment of Prostate Cancer. The petition questions the Ministry's refusal to pay for PSA testing as well as its refusal to fund Zytiga. Zytiga is a drug that many victims of advanced Prostate Cancer around the world have used to prolong their lives and to reduce the agony that they must endure.

Ontario is the ONLY major Province in Canada that does not reimburse for Zytiga, one of a number of promising new medications that can greatly help many men with



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advanced Prostate Cancer. It is in all our interests to sign Percy and Heather's petition! Search for Percy's Story on Facebook for more information.

Additionally, we will be encouraging all those who attend Cruisin' for a Cure to become Prostate Cancer Advocates by signing a postcard addressed to the Health Minister and asking that she take steps to see that both PSA are tests and this drug is immediately funded.

Jim Dorsey, Cruisin' Coordinator, 905-453-3038, jfdorsey@yahoo.com

[2nd Annual Cruisin' for a Cure Buffalo, Saturday, September 22nd, 2012](#)

The **2nd Annual Cruisin' for a Cure Buffalo** will be held at Roswell Park Cancer Institute, Elm & Carlton Streets, Buffalo, NY 14263 on Saturday, September 22. MAN UP, the support group sponsored by the Office of Cancer Disparities at Roswell Park, are the sponsors. Sandi and I are once again on the planning committee. Our PT Cruiser friends from both sides of the Border will be helping on the day of the event.

If you have not been to Roswell Park, it is an experience. Founded in 1898 by Dr. Roswell Park, a pioneer in a multi-disciplinary approach to cancer treatment, the Institute takes up 25 park-like acres in downtown Buffalo.

Featuring valet parking, REASONABLE parking rates, an hospitable environment and extensive patient lounge areas, it sets an example for all such institutions. Learn more about this unique facility at <http://www.roswellpark.org/about-us>

Our own **Sean Butterly** was successfully treated at Roswell Park many years ago. He and **Margaret** still visit the people they met there.

Please consider joining us on September 22nd, starting at 10 a.m.

Jim Dorsey, Cruisin' Coordinator, 905-453-3038, jfdorsey@yahoo.com



[New Literature Available](#)

Prostate Cancer Canada has issued three new “ABC” Info Kit brochures over the summer:

Brochure A, *Answering Your Questions on prostate cancer*, should be read by all men and by those who love them.

Brochure B, *Basics on Treatment for prostate cancer*, is intended for the newly diagnosed and covers five treatment options, including Active Surveillance!

Brochure C, *Care and Support Post-Treatment for prostate cancer*, provides useful information for patients and care-givers. The PCCN Support Groups are emphasized.

PCC is to be congratulated for developing these materials and for making them widely available. They will be available at our General Meeting on September 11.

We will also have a supply of our new PCCN – Brampton brochure, *Prostate Cancer The Facts and How You Can Get Involved*, at the meeting.

Tilly Netherton has already offered these brochures to all of the urologists plus a number of family doctors and all of the labs in Brampton. She was well received by all of the doctors and by most of the labs. All were pleased to see that we are still "in business" and will display the brochures prominently.

Please be aware that the four **Canadian Medical Labs (CML)** locations were the most cooperative. Some other labs actually refused to display our brochures. Personally, I intend to have my future PSA tests and any other lab work that I ever require done through CML.

At **Dr. Sandy Sehdev's** invitation, we contacted **Suzanne Lewis**, the Resource Nurse in the Ambulatory Oncology unit at Brampton Civic Hospital. Suzanne encouraged us to put our PCCN – Brampton brochures plus the PCC Info Kit brochures in the patient waiting area.

Jim Dorsey, Steering Committee, 905-453-3038, jfdorsey@yahoo.com



Recently Diagnosed? – Contact PCCN-Brampton

If you would like to speak with someone who has been there, please contact us and we will arrange to meet with you at a convenient time and place.

Alternatively, come early to one of our Monthly General Meetings and inform the front desk that you're a new member on arrival. One of our counsellors will welcome you and listen to your concerns.

Our Monthly General Meetings are held on the 2nd TUESDAY of each month except July & August at the Terry Miller Recreation Centre.

Steering Committee Meetings are held two weeks plus a day later on a WEDNESDAY of every month except July & August in the Community Room at the Fortino's at Main & Bovaird, 60 Quarry Edge Drive, Brampton, ON L6V 4K2.

Note that Sean Butterly has offered to be available during our Steering Committee Meetings to meet you one on one at Fortinos if you prefer.

Family members, friends and supporters are always welcome at any of our Monthly General Meetings or Steering Committee Meetings!

Our New Hot Line Number:

(289) 752-6316

Note that we accept phone calls throughout the year.

If no one is available to take your call, PLEASE leave a voice mail and we will return your call as soon as possible.

Regular "Snail Mail" Costs Money – Please Consider Email

Regular Mail Costs Us close to a dollar per person per month.

Anyone who would prefer to receive this newsletter via e-mail should contact:

Gary Foote, 905-458-6650, E-Mail: gary.foote@pccnbrampton.com

If you already receive your newsletter via regular mail or e-mail, be sure to notify us of any address changes so we can continue to get it out to you.