



**CANADIAN
PROSTATE**

CANCER NETWORK

BRAMPTON CHAPTER

Visit our Web Site:

www.ustoo-brampton.com



Us TOO Brampton – September 2009 – Newsletter

Our Next General Meeting will be held on Tuesday, September 8th at 7:00 PM

We are pleased to announce our season's opening with a first of its kind joint session by:

Dr. Michelle Flax & Dr. Stanley Flax

The evening's talk will feature:

"The Gale and Graham Wright Prostate Cancer Centre - North York General Hospital",
and an "Open Forum" to answer both medical and psychological questions about Prostate
Cancer with Dr. Michelle Flax's participation in the forum.

This is a rare and not-to-be-missed event if there ever was one !
Both doctors have drawn record audiences at our previous meetings.

If you have any questions for the doctors email them to:

questions@ustoo-brampton.com

We look forward to seeing you in Room #2, The Terry Miller Recreation Center,
1295 Williams Parkway, at the southwest corner of Williams Parkway & Bramalea Road.

Parking as always is free.

Last Meeting – Tuesday, June 9th, 2009

“Our Season's closing Pot Luck and Social Honoring Gerry Brunjes”

Just a delightful evening with around 50 members, wives and guests coming together in the spirit of caring and sharing for our seasonal Pot Luck and Social.

This evening was special in that we honored Gerry Brunjes for his more than 10 years of dedicated service to the group.

In 1998, Gerry joined Us TOO Brampton and soon became a key member of our group. Whenever there has been something to be done, Gerry has been there. No complaints, no evasion, just willing service.

As you know, Gerry served as our Treasurer for many years. For a number of years he also served as resident curmudgeon on the Newsletter. His musings never failed to entertain and provoke discussion.

Over the years, Gerry has also worked on:

**The Steering Committee, where he still serves.
The Golf Committee.
Theatre Night, which he ran almost single handedly most years.
Public information sessions.
Free PSA Blood Clinics.
Cruisin' for a Cure.**

Wherever & whenever there is something to do, Gerry will be there.

Recently, Gerry turned the financial reins over to Gary Foote. However, nobody will ever replace him as curmudgeon. Some of us have tried, but he is the best.

Gerry Brunjes, “Thank you for all that you have done for us”

Pictures of the events are available on our web-site: www.ustoo-brampton.com

2009-2010 Guest Speakers And Events – See Website For Complete List

Sunday, Sep 13th, 2009 – Cruisin' for a Cure Canada – Brampton's Chinquacousy Park

**Tuesday, 13 October 2009 - Dr. Andrew Loblaw
Topic: Timing of Hormones after Treatment Failure"**

**Tuesday, 10 November 2009 - Dr Charles Catton,
Associate Professor, Department of Radiation Oncology, University of Toronto
Topic : To be Announced**

Mukul Luthra, Speaker Committee: 519-853-4075 or mukul.luthra@ustoo-brampton.com

3rd Annual Cruisin' for a Cure Status Report

As you know, our third Cruisin' for a Cure will be held on Sunday, Sept 13th in Chinguacousy Park. We continue to have problems due to the state of the economy. Businesses are not coming to our assistance as they have in the past, so we are scaling back on a lot of fronts.

There is a lot of good news, though:

- We have built some “brand awareness”, so that vehicle owners are contacting us to find out when the show will be held.
- Our good friend Bill Stellings of BramCity Transmission is once again conducting an advertising campaign on our behalf in the Brampton Guardian. He will once again bring his Special Events van to the show and provide coffee throughout the day.
- We have partnered with Oscar’s Roadhouse this year. They will provide a barbecue for the entire day – all proceeds to go toward the show. We will hold an after-the-show dinner in their restaurant, located at 1785 Queen Street East. They will add extra staff to offer their usual fine menu. Everybody is invited.
- Street Classics, the operators of the largest (Saturday) Cruise Night in the GTA is supporting us this year. We changed Cruisin' for a Cure from Saturday to Sunday this year to accommodate their members who understandably did not want to attend two events in one day.
- Several younger folks have gotten involved in an effort to make younger men more aware of the need to take care of themselves. Steve Hutton, the son of our member, Al Hutton is the founder of Prostate Extreme Team, which holds a snowmobile event in support of PCa every February. He is proving to be a tireless worker on our behalf. Todd Hornsby is an internationally-known skateboard instructor and park designer. He and his wife Leanne are donating to our auction table and will present skateboarding demonstrations at the skateboard park beside our show site.
- Our partner, Wellspring Chinguacousy, will offer face-painting for the kids and grandkids.
- Our mini health fair will cover Prostate Cancer, Breast Cancer, Testicular Cancer, Childhood Obesity, osteoporosis and massage therapy.
- We are 90% certain that some local racers will demonstrate their radio-controlled cars on the roughs below the ski hill. Their vehicles are fascinating and very fast.

This promises to be the best Cruisin' for a Cure Canada yet, with something of interest for every age group.

You can help us by providing your talents on the day of the event or by simply attending and bringing men that you know do NOT get their PSA tested.

And if you have any large unwanted items, whether related to cars or not , that we could auction off to raise funds for Wellspring Chinguacousy Cancer Support Centre, we will accept them gratefully.

See me at the Monthly Meeting on September 8th.

Jim Dorsey, Cruisin' for a Cure Coordinator,

Tel: (905) 453-3038, or e-mail: jim.dorsey@ustoo-brampton.com

Financial Matters

Here's hoping that everyone had a good summer and is looking forward to a new year of events and presentations coordinated by UsToo Brampton. We are beginning the season with a special event with Dr. Michelle Flax and Dr. Stanley Flax. This will be well worth attending.

To recap the events since our last meeting, UsToo Brampton was well represented at the Brampton Relay For Life event in June at the Brampton Fair Grounds. This year saw the number of luminaries for the group increase to 32 in memory of the members we have lost.

The Annual Golf Tournament went off successfully at the Acton Golf Club with just over 100 participants. The funds raised at this event are critical to UsToo Brampton's ability to stage other events like the up and coming Cruisin' For A Cure Canada on Sunday Sept 13th at Chinguacousy Park. We are still in need of small prizes, automotive or otherwise, sponsors and of course volunteers for that event so if you can help out in any way please contact:

Jim Dorsey, Cruisin' for a Cure Coordinator,

Tel: (905) 453-3038, or e-mail: jim.dorsey@ustoo-brampton.com

Gary Foote, Financial Controller, 905-458-6650 or gary.foote@ustoo-brampton.com

The Gentleman's Choice Golf Tournament

The owners of The Gentleman's Choice will once again sponsor a Golf Tournament this year at the Caledon Golf & Country Club. Unfortunately it falls on the same day as our Cruisin' For A Cure event. They have been good enough to donate a part of their proceeds to UsToo Brampton in the past and so we would like to provide details of their event:

Caledon Golf & Country Club – September 13th – 10:00 AM

Entry Fees (Including Golf, Cart and Dinner) - \$180.00

Contact: 905-838-0200 to book a foursome at the tournament.

Larry King Live on CNN

On Friday, August 21, Larry King hosted a one-hour special on Prostate Cancer. Sponsored by the Prostate Cancer Foundation – it was well worth watching.

Mike Milken, Founder and Chairman of the Prostate Cancer Foundation, was joined by Colin Powell, Joe Torre, John McEnroe and Dr. Christopher Rose. They discussed PCa as family members, survivors and medical experts.

The coverage was thoughtful and matter of fact, unlike so much of the media coverage afforded Prostate Cancer recently. The list of the well-known people who have either survived or succumbed to Prostate Cancer was quite overwhelming.

You can watch this program on line at www.pcf.org

CALL FOR VOUNTEERS

As always we are in need of volunteers. We need people to serve on calling committees and to attend and contribute to our monthly Steering Committee Meetings held this month on Wed, Sept 23rd - 7:00 PM, upstairs at Fortinos on Bovaird Drive just west of Chinguacousy Rd. If you can commit even a few hours a month please speak to us at the next General Meeting or come out to our next Steering Committee Meeting. You will be more than welcomed and have a chance to further our goal of promoting Prostate Cancer Awareness and Research.

RECENTLY DIAGNOSED? - Contact Us Too! Brampton

If you have been recently diagnosed with prostate cancer and would like to talk to someone who has been there, please call ahead and we will arrange to meet you at a convenient time and place. Alternatively, come early to one of our monthly meetings and inform the front desk of your arrival. One of our counselors will welcome you and listen to your concerns. Our monthly meetings are held on the 2nd TUESDAY of each month except July & August but we accept calls all through the year. Family members or friends and supporters are welcome! We have been there and we think we can help you deal with this very difficult period in your life. If you would like our support, please call any one of the following to arrange a meeting:

John Sleath, Awareness Coordinator, 905-456-9943, or john.sleath@ustoo-brampton.com

Sean Butterly, Counseling Associate, 905-454-4237

Regular mail costs us almost a dollar per person per month.

**Anyone who would prefer to receive this newsletter via e-mail should contact Gary Foote
If you already receive your newsletter via e-mail, be sure to notify us of address changes.**

Gary Foote - Newsletter Editor

E-Mail: gary.foote@ustoo-brampton.com

Telephone: (905) 458-6650

Alternate: visact@rogers.com